|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  | Приложение №1 | | | |
|  |  |  |  |  |  |  | к приказу МАОУ ДО ДЮСШ | | | |
|  |  |  |  |  |  |  | **№ 155 от 02.09 2024** | | | |
|  |  |  |  |  |  |  |  |  |  |  |
| **Расписание занятий МАОУ ДО ДЮСШ на 2024-2025 учебный год на 1 сентября** | | | | | | | | | | |
|  |  |  |  |  |  |  |  |  |  |  |
| **Вид спорта, тренер-преподаватель** | **Группа** | **нгр** | **ПН** | **ВТ** | **СР** | **ЧТ** | **ПТ** | **СБ** | **ВС** | **место** |
| **Акробатика** |  |  |  |  |  |  |  |  |  |  |
| **Егоров** | **СО-1** | 6 |  | 16:15- 17:45 | **16:15- 17:45** |  | **16:15- 17:45** |  |  | ФОК |
|  | **СО-2** | 4 | **17:30- 18:15** |  | **18:00- 19:30** | 17:30- 18:15 |  |  |  | ФОК З |
|  |  |  |  |  |  |  |  |  |  |  |
| **Панова** | **НП св1 (2)** | 8 | **16:15- 17:45** | 14:30- 16:45 |  | 14:30- 16:45 |  |  |  | ФОК |
|  | **СО** | 6 | **14:30- 16:00** |  | **14:30- 16:00** |  | **15:00- 16:30** |  |  | СОШ 8 |
|  | **УТ св3 (1)** | 14 |  | 17:00- 19:15 |  | 17:00- 19:15 | **17:00- 19:15** | 11:00- 13:15 | 10:00- 11:30 | ФОК |
|  |  |  |  |  |  |  |  |  |  |  |
| **Петрова** | **НП св1 (2)** | 8 | **15:45- 17:15** | 14:30-16:45 |  | 14:30-16:45 |  |  |  | ФОК |
|  | **СО** | 6 | **14:00- 15:30** |  | **14:30- 16:00** |  | **15:00- 16:30** |  |  | ФОК |
|  | **УТ св3 (1)** | 14 |  | 17:00- 19:15 |  | 17:00- 19:15 | **17:00- 19:15** | 11:00- 13:15 | 10:00- 11:30 | ФОК |
|  | **СО Серт** | 3 | **17:30- 19:15** |  | **17:00- 17:45** |  |  | 10:00- 10:45 |  | ФОК |
|  |  |  |  |  |  |  |  |  |  |  |
| **Энговатова** | **СО 3 серт** | 3 |  | 18:15- 19:00 |  | 18:15- 19:00 |  | 09:00- 09:45 |  | ФОК |
|  | **УТ до3 (3)** | 12 | **15:45- 17:15** | 15:45- 18:00 |  | 15:45- 18:00 | **18:15- 19:45** | 11:45- 13:15 |  | ФОК |
|  | **НПдо1(1)** | 6 | **14:00- 15:30** | 14:00- 15:30 |  | 14:00- 15:30 |  |  |  | ФОК |
|  | **НПсв1(1)** | 8 | **19:00- 19:45 тр.зал** |  | **16:15- 18:30** |  | **16:00- 17:30** | 10:00- 11:30 |  | ФОК |
|  |  |  |  |  |  |  |  |  |  |  |
| **Батут** |  |  |  |  |  |  |  |  |  |  |
| **Глебов** | **УТ до3 (2)** | 10 | **15:00- 16:30** | 15:00- 16:30 |  | 15:00- 16:30 | **15:00- 16:30** | 10:00- 11:30 |  | ФОК |
|  | **УТ св3 (1)** | 14 | **16:45- 19:00** | 16:45- 19:00 |  | 16:45- 19:00 | **16:45- 19:00** | 11:45- 13:15 |  | ФОК |
|  |  |  |  |  |  |  |  |  |  |  |
| **Егоров** | **НП св1 (1)-1** | 8 | **14:00- 15:30** |  | **14:30- 16:00** | 14:00- 15:30 |  | 10:00- 11:30 |  | ФОК |
|  | **НП св1 (1)-2** | 8 | **15:45- 17:15** | 14:30- 16:00 |  | 15:45- 17:15 |  | 11:45- 13:15 |  | ФОК |
|  |  |  |  |  |  |  |  |  |  |  |
| **Волейбол** |  |  |  |  |  |  |  |  |  |  |
| **Алексеев** | **СО** | 6 | **14:00- 15:30** |  | **14:30- 16:00** |  | **14:00- 15:30** |  |  | СОШ 8 |
|  |  |  |  |  |  |  |  |  |  |  |
| **Андрусенко** | **СО** | 4 | **18:30- 20:00** |  | **18:30- 20:00** |  |  |  |  | ФОК |
|  | **УТ до3(1)** | 10 | **16:00- 18:15** |  | **16:00- 18:15** |  | **16:00- 17:30** | 14:00- 16:00 |  | ФОК |
|  |  |  |  |  |  |  |  |  |  |  |
| **Лыжные гонки** |  |  |  |  |  |  |  |  |  |  |
| **Белоусова** | **СО-1** | 6 | **15:00- 16:30** |  | **15:00- 16:30** |  |  | 15:00- 16:30 |  | СОШ 7 |
|  | **СО-2** | 6 | **17:00- 18:30** |  | **17:00- 18:30** |  |  | 17:00- 18:30 |  | СОШ 7 |
|  |  |  |  |  |  |  |  |  |  |  |
| **Глазунов** | **УТ св2 (1)** | 14 | **16:00- 18:15** | 16:00- 18:15 |  | 16:00- 18:15 | **16:00- 18:15** | 10:00- 11:30 |  | СОШ 7 |
|  |  |  |  |  |  |  |  |  |  |  |
| **Фоминых** | **НП св1 (2)** | 8 | **15:00- 16:30** |  | **15:00- 17:15** |  |  | 12:00 - 14:15 |  | СОШ 7 |
|  | **СО-1** | 6 |  | 15:00- 16:30 |  | 15:00- 16:30 |  | 10:00- 11:30 |  | СОШ 7 |
|  |  |  |  |  |  |  |  |  |  |  |
| **ОФП** |  |  |  |  |  |  |  |  |  |  |
| **Шишканов** | **ОФП-1** | 6 | **15:00- 16:30** |  | **15:00- 16:30** |  | **15:00- 16:30** |  |  | Тренажер |
|  | **ОФП-2** | 6 |  | 15:00- 16:30 |  | 15:00- 16:30 |  | 14:30- 16:00 |  | Тренажер |
|  | **ОФП-3** | 6 | **16:45- 18:15** |  | **16:45- 18:15** |  | **16:45- 18:15** |  |  | Тренажер |
|  |  |  |  |  |  |  |  |  |  |  |
| **Теннис** |  |  |  |  |  |  |  |  |  |  |
| Иевлева | **СО-1** | 6 |  | 16:00- 17:30 |  | 16:00- 17:30 |  | 16:00- 17:30 |  | ФОК |
|  | **СО-2** | 6 |  | 17:45- 19:15 |  | 17:45- 19:15 |  | 17:45- 19:15 |  | ФОК |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
| во время тренировочных занятий для обучающихся предусмотрен перерыв 5-10 минут | | | | | | | | |  |  |